

BECKENHAM BUSINESS DAY 2025



Event Programme & Floorplan



FLOORPLAN

workshops and TableTalks rooms accessed from outside



SCHEDULE

FOR BECKENHAM BUSINESS DAY 2025

10.00 – 10.35 **Registration & Networking**

10.40 – 10.45 **Welcome** - Master of Ceremonies

Mercedes Yearley, Founder – Quest Soul Theatre

10.50 – 11.00 **The Power of Connection**

Jane Rogers, Chair – Beckenham Business Association

11.05 – 11.25 **Connect to Reset - How to Give and Find Joy in Customer Interactions**

Sam Bowden, Founder – Enjoy. The. Journey.

11.30 – 11.40 **Get ready to network** – Mercedes & Sam

11.45 – 12.05 **Hello from Sponsors & Exhibitors**

12.05 – 12.45 **Coffee Break, Networking, Workshop and TableTalk**

12.15 – 12.45 **Workshop**

**The Practical Use of Microsoft Copilot:
Driving Efficiencies via Copilot Studio**

Greg Micallef, MD
Greg Micallef Associates

TableTalk

Why where we work still matters

Ewan Buck,
Contingent Works

12.50 – 13.10 **Loneliness in the Workplace**

Helayna Jenkins, Principal Loneliness Champion at London Borough of Bromley

13.15 – 13.35 **Creating space to reconnect - one conversation, one ritual, one breath at a time.**

Cheryl Huggins, Founder, FaceClays and The BossWoman Podcast

13.40 – 14.20 **Lunch & Networking**

14.20 – 14.40 **Activity Session**

14.45 – 15.05 **The connecting power of TEDx**

Richard Jones, Founder, Fearless Speakers & Co-founder TEDx Beckenham

15.10 – 15.45 **Coffee Break, Networking, Workshop and TableTalk**

15.15 – 15.45 **Workshop**

**The Circular Economy - Together for
a Desirable Future**

Anne Barrett & Elodie Baran
Climate Confidence

TableTalk

Beyond Business Cards

Louise Black,
Keller Williams

15.45 – 16.00 **Speakers Panel** – Top Take Aways

16.00 – 16.10 **Thank You** – Mercedes

16.15 – 17.00 **Networking Drinks**

MEET THE SPEAKERS



MERCEDES YEARLEY

Quest Soul Theatre

Master of Ceremonies

Mercedes Yearley is the CEO and Founder of Quest Soul Theatre, a creative health and wellbeing organisation that uses drama, storytelling and imaginative play to support community connection and mental health. She is passionate about creating inclusive spaces where everyone feels empowered to take part.

As our MC, Mercedes brings warmth, energy and a flair for connection, ensuring the event flows seamlessly, while keeping the audience engaged and inspired.

<https://questsoultheatre.co.uk>



JANE ROGERS

Chair, Beckenham Business Association

'The Power of Connection'

Jane Rogers, AKA The Word Wizard, is a content writer, trainer, speaker and marketing specialist with over 25 years' experience helping small businesses write compelling content to attract the right clients. She has been Chair of Beckenham Business Association since 2021.

Jane will welcome us to Beckenham Business Day and talk about how the Power of Connection and being Stronger Together can help our businesses thrive into 2026 and beyond.

www.janerogerspr.co.uk



SAM BOWDEN

Enjoy. The. Journey.

'Connect to Reset - How to Give and Find Joy in Customer Interactions'

An award-winning retail leadership expert, Sam Bowden is on a mission to elevate the customer experience on the high street. He understands what it takes to turn everyday retail interactions into memorable moments.

The rise of impersonal and fast transactions has left customers feeling cold. They want more. Sam will explore how giving a fantastic customer experience can create a wonderful feedback loop of joy and loyalty for customer and team alike, positively impacting sales and resetting the culture of a business.

www.enjoythejourneyconsulting.co.uk



WORKSHOP ONE

Greg Micallef

Gregory Micallef Associates (Sponsor)

'The Practical Use of Microsoft Copilot: Driving Efficiencies via Copilot Studio'

Microsoft Copilot Studio is an innovative solution providing a low-code platform allowing for the creation of custom AI assistants. These custom AIs can automate tasks, streamline workflows, and provide tailored information via generative AI integration with business-specific knowledge. This workshop will provide you with the information needed to decide if this journey is suitable for your business. We will cover costs, use cases, benefits, and how to get started.

www.gmal.co.uk





HELAYNA JENKINS

Principal Loneliness Champion,
London Borough of Bromley

'Loneliness in the Workplace'

Helayna Jenkins is an Incorporated Engineer working as Principal Loneliness Champion at the London Borough of Bromley, implementing the Tackling Loneliness Strategy 2022 – 2026 for people of all ages, stage of life and backgrounds together.

Loneliness affects us all, including those who are working professionals, with feelings of loneliness within workplace on the rise. Helayna will talk to us about what loneliness is, why we should be concerned, what we can do and how being Stronger Together can help.

www.bromley.gov.uk/loneliness



CHERYL HUGGINS

Founder, FaceClays and
The BossWoman Podcast

'Creating space to reconnect - one conversation, one ritual, one breath at a time.'

Cheryl Huggins, founder of a holistic skincare brand and a podcast host, will share how calm, strategic connection can fuel creativity and business growth.

In her talk, she will explore the power of real conversations between founders and the role of sustainable self-care in building resilience. Cheryl invites us to stay disruptive, deepen our reflections and nurture authentic connections. By working together in this way, we create a foundation for meaningful personal and professional success.

www.faceclays.com



RICHARD JONES

Fearless Speakers

'The connecting power of TEDx'

Richard provides public speaking coaching for ambitious professionals, business owners and advocates of not-for-profits. He helps people overcome their fear of public speaking and performing, build their impact, assists with scripting and storytelling, and helps speakers get ready for the TEDx stage.

Richard is co-founder of TEDx Beckenham and will share how to build your connections and network by getting involved in a TEDx event. You'll learn about the different TEDx roles, tips for applying to be a TEDx speaker and how you can get involved with TEDx Beckenham.

www.fearlesspeakers.co.uk



WORKSHOP TWO

**Anne Barrett
& Elodie Baran**

'The Circular Economy - Together for a Desirable Future'

Cooperation and collaboration are at the very heart of the circular economy. Join this workshop to rediscover the transformative power of partnership - for your life, your business and our society. Together, we can build a future worth wanting. Elodie Baran is a circular economist running workshops for understanding the circular economy. Anne Barrett runs related workshops and helps small business owners identify workable sustainability goals. Together, they host Lewisham's monthly People Planet Pint Sustainability Meetup.

www.climateconfidence.org



judge&priestley

SOLICITORS • EST. 1889

Whatever your legal needs, our expert solicitors are on call to ensure you have the best legal advice to hand.

Services for:

**Individuals | Businesses
Public sector | Debt recovery**

108-110 Beckenham High St
Beckenham BR3 1EB
020 8290 0333
judge-priestley.co.uk

TableTalks



With a smaller number of participants than in our workshops, people attending will be encouraged to take part in the round-table discussion on the relevant topic

THE CHARTWELL CANCER TRUST

Making a Difference to Cancer Care

The Chartwell Cancer Trust is dedicated to improving cancer care for adults and children across South-East London, Kent, and the surrounding areas. For over 20 years, we have worked closely with NHS hospitals and community services to enhance treatment and support for patients and families.

Our support includes:

- Funding specialist medical staff
- Providing vital medical equipment
- Improving hospital and community facilities
- Funding vital clinical research projects
- Supporting paediatric shared care units and wards
- Funding AV1 Robots to help children stay connected with school and friends
- Developing the Oncology App Guide to support patients throughout treatment
- Offering financial, practical and emotional support for families



We are proud to be supporting Beckenham Business Day 2025 – visit us at our exhibitor stand!

www.chartwellcancertrust.co.uk

E: info@chartwellcancertrust.co.uk

T: 01959 570322



**“Going to the
Beckenham Business Day
was enlightening, enriching
and engaging. It was
wonderful to see
and meet so many local
sole traders and businesses
sharing their experiences,
knowledge and talents
under one roof.”**

Annemarie Vernege



TABLETALK ONE

Ewan Buck - Founder, Contingent Works



'Why where we work still matters'

In a world where work has become digital and dispersed, our connections have started to fray. This session explores the third space, which is a place that sits between home and the office, and how it can reignite creativity, collaboration, and community. Drawing on the story of Contingent Works, Ewan shows how physical spaces can transform local business culture and rebuild genuine community ties.

Takeaways

- How shared spaces strengthen local business networks
- How your workspace shapes creativity and collaboration

www.contingent.works



TABLETALK TWO

Louise Black - Keller Williams



'Beyond Business Cards'

Louise is your Property Matchmaker, passionate about connecting people with homes they love and helping local communities thrive. In a world filled with noise, real connection still cuts through - people buy from people. In this session, we will explore what genuine connection looks like in practice and how to build a trusted network that lasts. Attendees will leave with practical ways to nurture and deepen their connections, grow their visibility, and contribute to a stronger, more supportive business network.

www.kwukadvantage.co.uk/agent/louise-black-estate-agent-beckenham

Put Your IT In Safe Hands



As a family-run business, family is at the heart of everything we do. Here at GMA, the team are committed to building a future that ensures the success of the business goes hand in hand with our ecological, social, and environmental responsibilities.

Established in 1992, with over 250 years of commercial IT experience in the team, we are an IT support & telecommunications partner who are passionate about delivering solutions and a first-class service. We take pride in what we do and are experts at providing affordable IT and communications solutions across a wide range of industries and business sizes.



Gregory Micallef Associates Limited
Units 5&6 Brook Court, Blakeney Road, Beckenham, London, BR3 1HG.
Tel: 020 8778 7759 Visit: www.gmal.co.uk Email: hello@gmal.co.uk

MEET OUR EXHIBITORS & SPONSORS

ANDREW COPELAND INSURANCE (Sponsor)



ANDREW COPELAND INSURANCE

Established in 1977, ACI is a professional firm of insurance consultants specialising in the UK and overseas, working closely with leading underwriters.

We believe in building through excellence and, to this end, we are constantly working to improve our range of products for our customers. Our aim is to provide affordable, quality insurance and a first-class service during the entire life cycle of a policy, not just at the point of sale.

www.andrewcopeland.co.uk

CHARTWELL CANCER TRUST (Sponsor)



We are two small, dynamic charities working to make critical improvements to the treatment and care of adults and children living with cancer and leukaemia. For over 20 years, we have been raising vital funds and have helped to transform healthcare and services in our local communities.

We also work directly with medical teams on the cancer wards in local hospitals so that money raised is used where it is needed most.

www.chartwellcancertrust.co.uk

FSB



The FSB's mission is to help smaller businesses achieve their ambitions. They offer members a wide range of benefits, vital business services and a powerful voice heard in government.

www.fsb.org.uk

GREGORY MICALLEF ASSOCIATES (Sponsor)



In 1992 Greg and his wife Debbie founded GMA. Today, the family-run, award-winning business is one of London's longest established technology partners and is a proud supporter of businesses locally and in the surrounding areas. With over 42 years' industry experience, GMA work with a wide range of companies and are a trusted Microsoft Partner.

www.gmal.co.uk

BARCLAYS BANK



Meet Reema Bhanote, your Barclays Local Specialist, who offers free events on financial wellbeing through Barclays Eagle Labs, Life Skills and Digital Wings. Find out how Barclays can support your community and help your business grow.

<https://labs.uk.barclays/>

CHERYL HUGGINS



Cheryl Huggins is the Founder of FaceClays®, a sustainable skincare brand born from her Caribbean eco-conscious heritage. With over 20 years in holistic beauty, Cheryl can be found delivering her signature botanical facials in her wellness room in Bromley. Cheryl also hosts The BossWoman Podcast that showcases inspiring entrepreneurs and community visionaries (listen on Spotify). Her mission is to empower other start-ups and established business owners to build their business and brand identity with purpose, passion and authenticity.

www.faceclays.com

IMPROVE MY SEARCH RANKING



Improve My Search Ranking Ltd is an award-winning Beckenham-based Google SEO and ChatGPT SEO agency helping service-based businesses grow through Google. They deliver measurable results through smart strategy, quality content and powerful link building.

www.improvemysearchranking.com

JUDGE & PRIESTLEY (Sponsor)



judge&priestley
SOLICITORS • EST. 1889

Judge and Priestley are a well-established firm of solicitors with offices in Beckenham, Bromley, Sidcup and Blackheath. We offer a full range of legal services for individuals and businesses. We can assist with a wide range of services including buying and selling a business, commercial property, employment, commercial contracts, franchising and terms and conditions.

www.judge-priestley.co.uk

NEWGENCE WEB SOLUTIONS



Newgence

Newgence Web Solutions is a leading provider of website design, development and maintenance services, helping businesses enhance their online presence. Our expertise extends to SEO, social media advertising, email marketing and Google Business Profile management. Based in Bromley, we serve clients across London, Kent, and beyond. We can create a stunning new website, optimise your existing one for search engines, or manage your online marketing campaigns, our experienced team is here to help.

www.newgencewebsolutions.co.uk

RADFIELD HOME CARE Bromley, Orpington & Beckenham



**Radfield
Home Care**

We are a local, award-winning branch of a national home care provider, offering personalised, private care to elderly people in their own homes. Services include help with personal care, shopping, housekeeping, meal preparation, companionship and rehabilitation. We treat our staff with support, training and respect and they are trained in dementia and Alzheimer's care.

www.radfieldhomecare.co.uk

RIGHT AT HOME Bromley



**Right
at
Home®**

Quality Care in Your Home

We are committed to delivering quality homecare that makes a difference in the daily lives of our clients. Whether it's help with personal care, companionship or more complex needs, we work closely with our clients to create personalised care plans that promote independence, dignity and an enhanced quality of life.

www.rightathome.co.uk

SIMON BRYANT FINANCIAL PLANNING (Sponsor)

**SIMON BRYANT
FINANCIAL PLANNING**

Life's busy and it's easy for financial planning to get overlooked or put at the bottom of the to-do list. I started my business because I wanted to help people have

confidence in their financial futures and ensure financial planning is one less thing to worry about. I give you complete visibility of the financial impact of your decisions and confidence that your actions will deliver your financial goals.

www.simonbryantfinancialplanning.co.uk

START UP BROMLEY

START UP BROMLEY

In partnership with the London Borough of Bromley and the British Library's Business & IP Centre, Start Up Bromley aims to develop a community of new and existing business owners, which is free to join and open to everyone.

They offer insight and access to resources to help you imagine, start or develop a business.

www.better.org.uk/library/london/bromley/community-support/startup-bromley

UNIQUE IMAGE PHOTOGRAPHY (Sponsor)

UNIQUE IMAGE
PHOTOGRAPHY

Claire is a London-based photographer with over 27 years' experience capturing life's most meaningful moments. From weddings and family portraits to school photography, she brings a warm, timeless style to every shoot. Claire also works with professionals and businesses to create powerful headshots and corporate imagery that reflect their brand and identity.

www.uniqueimagephotography.co.uk

SPONSORS

AMPHLETT LISSIMORE (Networking Sponsor)



Amphlett Lissimore is your local law firm delivering expert advice to individuals and businesses in South London and beyond. Our solicitors are specialists in their area of law and also provide the local knowledge our community needs. We provide the full range of services you'd expect from a high-street law firm, including conveyancing, family law, wills & probate, commercial property, and leasehold enfranchisement.
www.allaw.co.uk

CLOCKWISE (Catering Sponsor)

CLOCKWISE

Say goodbye to conventional and corporate offices. Say hello to Clockwise. This Grade-II listed building has served the community since 1907; now, it continues its legacy with a new lease of life. Our signature modern design mixes with the historic feel to create a unique, flexible co-working space in Bromley. The range of professional meeting rooms makes it the perfect working solution. Co-working, meeting rooms, offices, private hire and day passes available.
www.workclockwise.com/locations/bromley

CHICANE SCHOOL OF MOTORING (Catering Sponsor)



Chicane School of Motoring is an independent driving school based in Beckenham, in the London Borough of Bromley. We offer driving lessons, motorway lessons, refresher courses and Pass Plus courses to people in Beckenham, Bromley and the surrounding areas of South East London and North Kent.
www.chicaneschoolofmotoring.co.uk



Established in 1977,
now proudly based
in Beckenham



**We offer tailored Insurance solutions
– from UK homes to overseas properties
and commercial policies**

Come and visit our high street office
224 High Street, Beckenham, BR3 1EN.

Give one of our friendly team a call on **0208 656 2544**
or visit our website **www.andrewcopeland.co.uk**

INDEPENDENT. EXPERIENCED. RELIABLE.

DTT REMOVALS (Print Sponsor)

DTT Removals

DTT Removals is an award-winning removals and property clearance company, based in Croydon, covering London and Surrey. Fully licensed and insured, including an Upper Tier Environment Agency Waste License, our services include: senior moves into care homes or independent living establishments, house and office moves and clearances, man and van services and collection/delivery services.
www.dttremovals.co.uk

Why not join Beckenham Business Association?

If you've enjoyed today's event and would like to come to more BBA events, please become a member.

Annual membership costs just £40 a year and gives you access to:

Regular online and in-person networking with other local businesses

Member discounts on tickets to our events and workshops

Annual Beckenham Business Day

Opportunities to speak at events and share your expertise

Training and development opportunities

Member listing on our website

As a member-run association, we encourage all members to help with the operation of the BBA, participating in and supporting our networking and learning activities.

To join, see us on our stand today or visit
www.beckenhambusinessassociation.co.uk/join/
to download the application form.

We look forward to welcoming you to
BECKENHAM BUSINESS ASSOCIATION



With many thanks to our sponsors and supporters, without whom putting on Beckenham Business Day wouldn't have been possible:

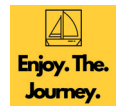


SIMON BRYANT
FINANCIAL PLANNING

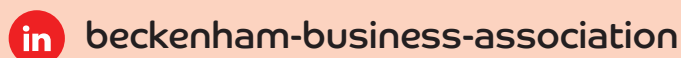
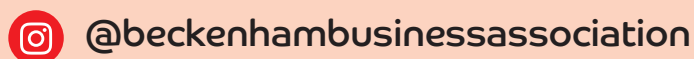


CLOCKWISE

DTT
Removals



Stay connected, follow us on:



www.beckenhambusinessassociation.co.uk