

Schedule

for Beckenham Business Day 2023

- 10.00 – 10.20 **Registration** and coffee
- 10.20 **Welcome** – Bayo Igoh – Master of Ceremonies
- 10.25 **Opening** – Cllr Keith Onslow – Deputy Mayor of Bromley
- 10.35 – 10.45 **Jane Rogers** – Chair, Beckenham Business Association
'Fast Forward your business into 2024'
- 10.45 – 10.50 **Bayo Igoh** – Business Day Programme
- 10.55 – 11.20 **Saffron Saunders** – CEO Start-up Croydon
'The Evolution of Enterprise Support in the Digital Age'
- 11.20 – 11.30 **Bayo Igoh** – Networking Activity
- 11.30 – 12.05 **NETWORKING & COFFEE** while workshop takes place
- WORKSHOP 1**
- 11.35 – 12.00 **Fiona Fraser** – The Podcast Expert
'The 10 Things You Need to Start a Podcast'
- 12.05 – 12.30 **Business Maven**
'AI: The Business Revolution You Can't Afford to Miss'
- 12.35 – 12.45 **A word from our sponsors - Clockwise**
- 12.45 – 13.00 **Hello from exhibitors**
- 13.00 – 13.50 **LUNCH & NETWORKING**
- WORKSHOP 2**
- 13.15 – 13.40 **Greg Micallef, MD** – Greg Micallef Associates
'Using AI In Your Office Space Today'
- 13.50 – 14.15 **Amisha Karia**, Collection Curator – Bethlem Gallery
'Art, Business & Wellbeing'
- 14.20 – 14.45 **Mercedes Yearley**, Quest Soul Theatre cic
'The Power of Play'
- 15.10 – 15.45 **NETWORKING & COFFEE** while workshop takes place
- WORKSHOP 3**
- 15.15 – 15.40 **Richard Wraith** – WESH UK
'How to choose your website name'
- 15.45 – 16.00 **Hello from sponsors & exhibitors**
- 16.05 – 16.25 **Yasmin Egan** – Yasmin Massage Therapy
'Breathwork for Business Calm'
- 16.30 – 16.45 **Panel Discussion** chaired by **Lily Mensah** – our speakers will discuss key takeaways from today and take questions from the audience.
- 16.45 – 17.00 **Elizabeth Wakeling** – Business Day Thank You and Close